**Objective**

Seeking employment as a fitness coach/personal trainer.

**Summary**

NSCA-Certified Personal Trainer and CPR/AED certified. Hardworking and self-motivated former U.S. Army Special Forces Green Beret with 10 years of military experience, hoping to continue serving my community and follow my passion for fitness by promoting healthy lifestyles and maximizing client performance capabilities. Currently pursuing a bachelor’s degree in exercise science at Georgia State University, with the ultimate goal of working as a strength and conditioning coach in performance-based training.

**Education**

* *Inprogress:* Bachelor’s of Science in Exercise Science, Georgia State University (Anticipated Grad. May 2018)
* **Associate Degree** in General Education, Fayetteville Technical Community College, Graduated May 2015
	+ GPA: 4.0
	+ Presidents List
* **Certified Personal Trainer**, National Strength and Conditioning Association, Aug 2015

**Employment/Experience**

* **Assistant General Manager/Personal Trainer**, Snap Fitness, Sep 2015-Present
	+ **Sales**: Current member services and retention, sale of personal training services and gym memberships
	+ **Marketing and Training**: In club and social media marketing, conducting personal training sessions
* **Special Forces Weapons Sergeant**, 5th Special Forces Group Airborne, Oct. 2009-Jun 2015
	+ **Supervision and Leadership**: Range safety officer for 100 foreign and American forces. Accountable for over $200,000 of sensitive military equipment. Created/instructed quarterly military training plans.
	+ **Communication**: Worked effectively on a 12-man special forces detachment planning and organizing military operations. Instructed military training in Arabic to Kuwait Special Forces. Conducted logistical co-ordinations for airborne operations involving 200 individuals.
	+ **Program Development**: Designed individual and group aerobic and resistance training programs throughout military career. Previously a client of 4 highly accomplished certified strength and conditioning specialists for 3 years at 5th Special Forces Group.
* **Weapons Repairer**, U.S. Army Reserve, Aug 2005-Oct 2009

**Military Awards/Recognitions**

* Bronze Star
	+ Awarded for personal actions during a combat tour in Afghanistan
* Army Accommodation Medal x3
	+ Awarded for meritorious service in Iraq
	+ Awarded for receiving the highest score in a 500 man battalion on the army physical fitness test
* Combat Infantryman’s Badge
* Special Forces Qualification Course Honor Graduate
	+ Top recruit academically of my 135 man class
* Physical Fitness Badge
	+ Achieving a maximum score on the army physical fitness test